



GUACAMOLE

SNACKING AROUND THE WORLD--MEXICO

INGREDIENTS

4 avocados

1 tomato

1 medium onion

Juice of 1/2 lime

1 teaspoon of salt

1 1/2 teaspoon of minced garlic

1/2 teaspoon of ground black pepper

1 bunch of cilantro (or to taste)

Sammy's special spice mix: cayenne pepper, cumin, chili powder
and ancho chili powder

STEPS

Step 1 Pit the avocados and scoop out the inside with a large spoon into a mixing bowl.

Step 2 Add the lime juice and stir to evenly coat the avocados.

Step 3 Stir in the tomato, onion, garlic, salt, black pepper, cilantro and Sammy's special spice mix. Ingredients, especially avocados, will begin to mash together. Dip away!