# EMPANADAS

#### SNACKING AROUND THE WORLD--ARGENTINA

#### INGREDIENTS

- 3 tablespoons olive oil, divided
- 11/2 pounds ground beef (20% fat)
- 2 onions, chopped
- 2 red bell peppers, seeded, chopped
- Kosher salt, freshly ground pepper
- 3 tablespoons ground cumin
- 2 tablespoons sweet paprika
- 1 tablespoon dried oregano
- 1/4 teaspoon cayenne pepper
- 11/2 cups low-sodium chicken stock or broth
- 2 teaspoons sugar
- 1/2 cup raisins
- 3 packages (12 each) Puff Pastry Dough for Turnovers/Empanadas
- (preferably 60ya)
- 1/2 cup pitted green olives (Picholine or Spanish), rinsed well, cut in
- half lengthwise

### **STEPS**

Step 1 Heat 2 Tbsp. of oil in a large pot over high. Cook the beef,

breaking up with a spoon until browned but not completely cooked

through, (about 6-8 minutes). When it is brown, use a slotted spoon

and put beef into a bowl.

## **CONTINUTE EMPANADAS**

Step 2 Reduce heat to medium and cook onion, bell peppers, and remaining 1 Tbsp. oil, stirring, until tender but not browned, 6–8 minutes; season with salt and black pepper. Add cumin, paprika, oregano, and cayenne and cook, stirring, until fragrant, about 1 minute.

Step 3 Add chicken stock and beef along to pot. Stir in sugar, 4 tsp. salt, and ¼ tsp. black pepper. Bring to a simmer and cook, stirring and scraping up any brown bits, until most of the liquid is evaporated (15–20 minutes); taste and season with salt and black pepper, if needed. Stir in raisins. Transfer to a medium bowl, cover, and chill at least 3 hours.

Step 4 Preheat oven to 375°. Let dough sit at room temperature 15 minutes. Remove 6 rounds from package, keeping plastic divider underneath, and arrange on a work surface. Place 2 Tbsp. filling in the center of each round. Top with 2 olive halves.

Step 5 Brush water around half of outer edge of each round. Using plastic divider to help you, fold round over filling and pinch edges to seal. Using a fork, crimp edges. Remove plastic and transfer empanada to a parchment-lined sheet tray, spacing 1" apart. Repeat with remaining rounds (you'll get about 12 empanadas on each tray).

CON	TINUTE	<b>EMPANAD</b>	45

Step 6 Bake empanadas, rotating tray halfway through, until

golden brown and slightly darker around the edges, 25–35

minutes.

The cool thing about empanadas is that the filling can be made 3

days ahead chilled. You can freeze unbaked empanadas for 3

months. Just freeze them on a tray then put them in freezer bags

to enjoy later!